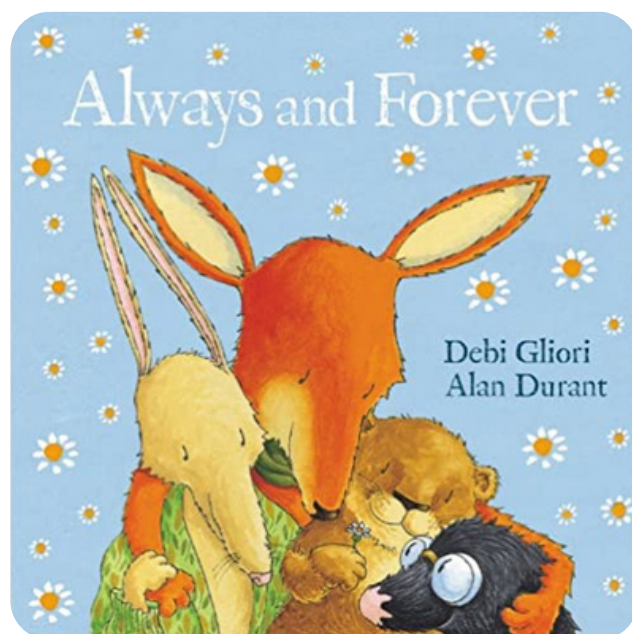


Children's Book List - Bereavement

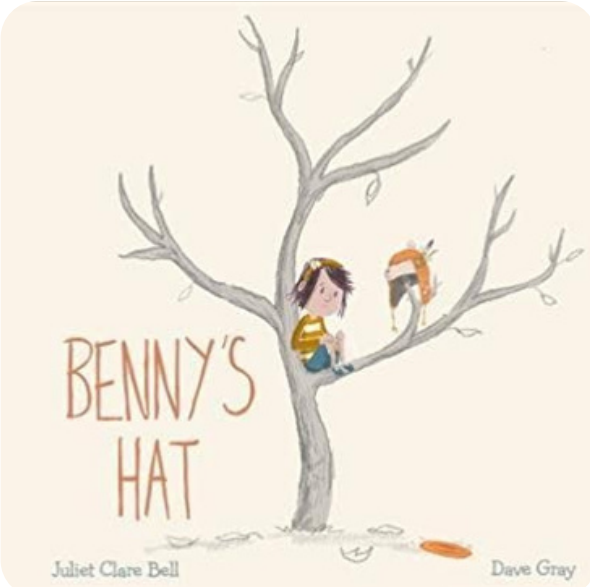
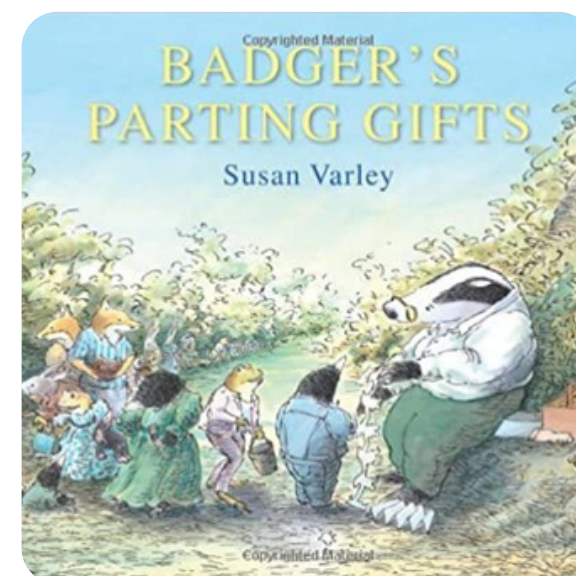


Always and Forever by Alan Durant and Debi Gliori

When Fox dies the rest of his 'family' are absolutely distraught. How will Mole, Otter and Hare go on without their beloved friend? But, months later, Squirrel reminds them all of how funny Fox used to be, and they realise that Fox is still there in their hearts and memories.

Badger's Parting Gifts by Susan Varley

Badger is so old that he knows he must soon die, so he does his best to prepare his friends. When he finally dies, they are grief-stricken, but one by one they remember the special things he taught them during his life. By sharing their memories, they realise that although Badger is no longer with them physically, he lives on through his friends.

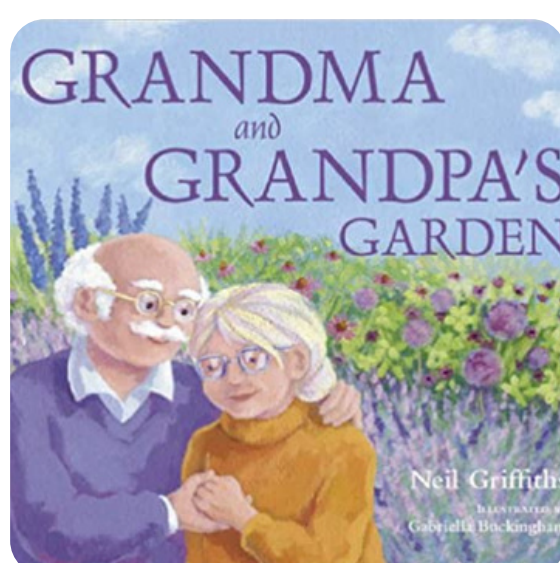
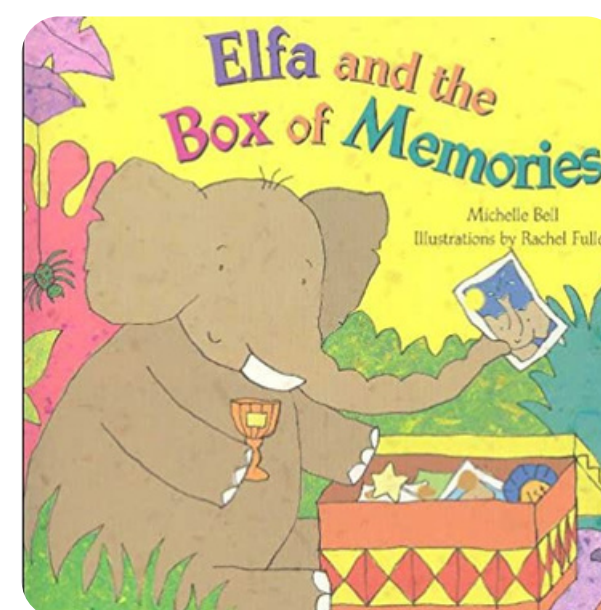


Benny's Hat by Juliet Bell

Benny's Hat quietly deals with the subject of sibling bereavement. It beautifully illustrates how children and adults process loss differently, whilst providing examples of how to support children when a sibling is suffering from a serious or life limiting illness. This book is extremely helpful in supporting families, child and young people through pre-and post-bereavement.

Elfa and the Box of Memories by Michelle Belle and Rachel Fuller

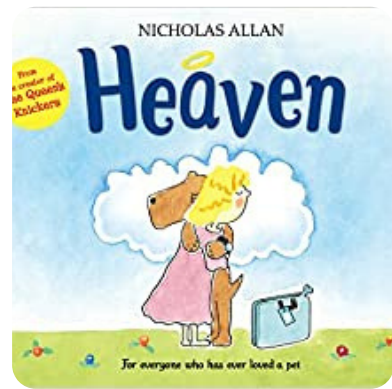
We all have memories of happy times and sad times, and all our memories help us to remember the story of our lives. But what happens when you don't have anybody to share your memories with? In this bright, colourful book, Elfa the elephant revisits some of the important moments of her life.



Grandma and Granpa's Garden by Neil Griffiths and Gabriella Buckingham

A gentle story that will bring a tear to your eye and touch all those who have lost a loved one. Grandma and Grandpa loved being together in their beautiful garden. They loved it too when their granddaughter Lucy visited and they taught her many gardening skills. Sadly, these long, happy days were not to last, but memories of them would live on.

Children's Book List - Bereavement



Heaven

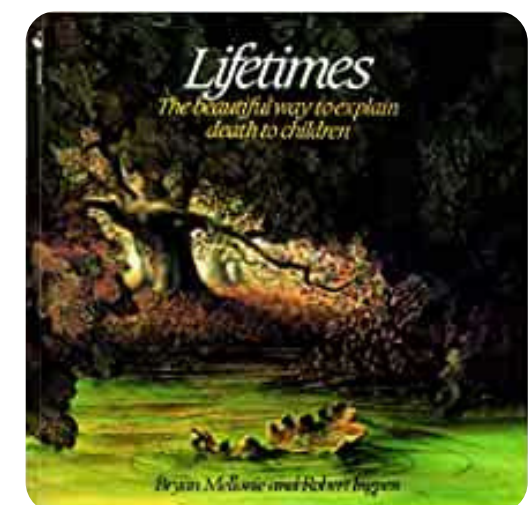
by Nicholas Allan

When her beloved dog, Dill, packs his suitcase and announces he is going to heaven, Lily waits with him for the angels to take him away, and the pair get into a furious argument about what heaven is really like.

Lifetimes

by Bryon Mellonie

Lifetimes is a moving book for children of all ages, even parents too. It lets us explain life and death in a sensitive, caring, beautiful way. Lifetimes tells us about beginnings. And about endings. And about living in between. With large, wonderful illustrations, it tells about plants. About animals. About people. It tells that dying is as much a part of living as being born. It helps us to remember. It helps us to understand.



Missing Mummy

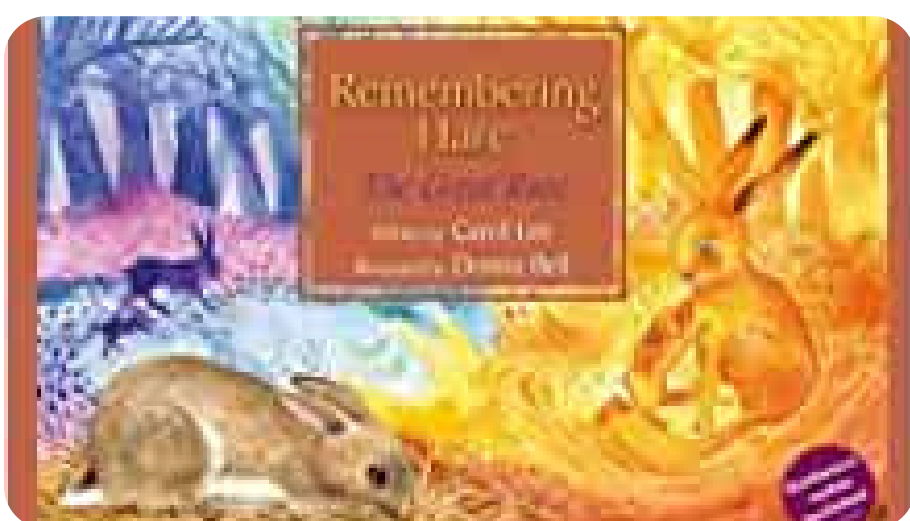
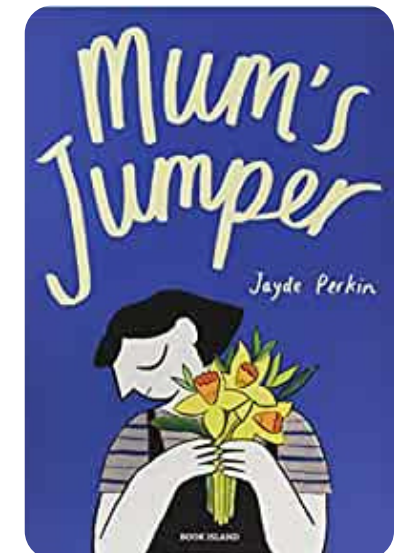
by Rebecca Cobb

Written and illustrated by a new talent in children's picture books, this extraordinary book deals with the loss of a parent from a child's point of view. Perfectly pitched text and evocative artwork explore the many emotions a bereaved child may experience, from anger to guilt and from sadness to bewilderment. And importantly, the book also focuses on the positive the recognition that the child is still part of a family, and that his memories of his mother are to be treasured. Beautifully illustrated with moments of wonderful warmth and the gentlest humour, this is a touching, honest and helpful book that approaches a difficult subject with great integrity.

Mum's Jumper

by Mum's Jumper

If Mum has gone, how do you carry on? Missing her feels like a dark cloud that follows you around, or like swimming to a shore that never comes any nearer. But memories are like a jumper that you can cuddle and wear. And Mum's jumper might be a way to keep her close. A simple, heartfelt and ultimately uplifting book for anyone coping with loss.



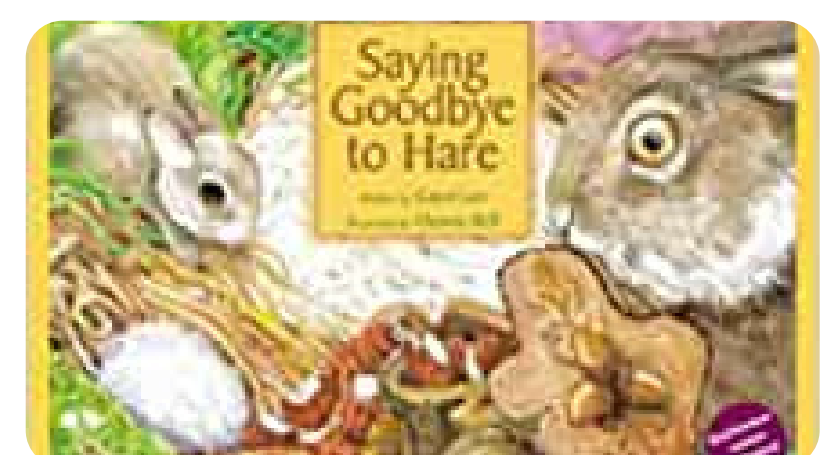
Remembering Hare, The Great Race

by Carol Lee and Donna Bell

A story about remembering, and learning to live with, the death of someone special. It is a beautifully illustrated story about coming to terms with the death of someone special. Featuring the same much-loved characters from Saying Goodbye to Hare, Rabbit and Buzzard reflect together on the ups and downs, feelings and experiences of the first year following the death of their dear friend Hare, as they watch the 'Great Race'.

Saying Goodbye to Hare by Carol Lee and Donna Bell

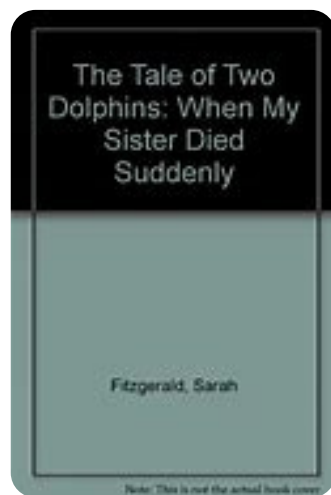
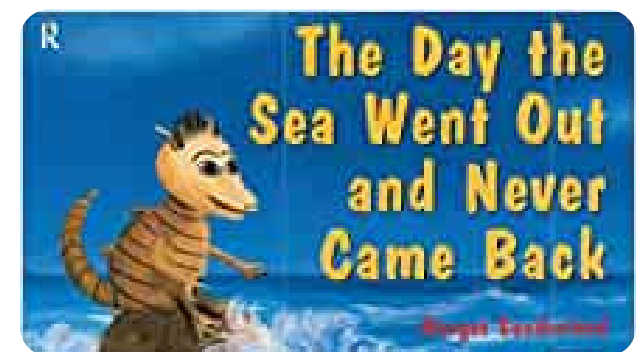
Rabbit visited his friend Hare, when he got there Hare didn't seem quite right. Rabbit was worried about Hare and shared his worry with Buzzard. Mum explained to Rabbit that Hare was dying and what that meant. Rabbit continued to visit Hare and took him tasty dandelion flowers. Hare started putting things in a box and telling stories about it. Hare gave Rabbit a friendship stick. When Hare died Rabbit felt empty and too sad to cry. He had his memory box and friendship stick but would rather have his friend. Everyone attended the funeral and talked about Hare. Rabbit was happy that he had his memories



Children's Book List - Bereavement

The Day the Sea Went Out and Never Came Back by Margo Sunderland and Nicky Armstrong

The Day the Sea Went Out and Never Came Back is a story for children who have lost someone they love. Eric is a sand dragon who loves the sea very much. Each day, he watches it going out and coming back. His sea is beautiful indeed to him. But one day, the sea goes out and does not come back. Eric waits and waits, but it does not come back. So he falls on the sand in terrible pain. It feels to him as if he has lost everything. After many bleak days, Eric sees a little wild flower. It is dying. Eric knows he must save it. He finds water. More and more flowers appear and so Eric starts to make a beautiful rock pool garden. And as he does, he finds the courage to feel the full pain of his loss, instead of closing his heart. He realises that his memories of his precious sea are like a special kind of treasure in his mind, a treasure he will never lose.

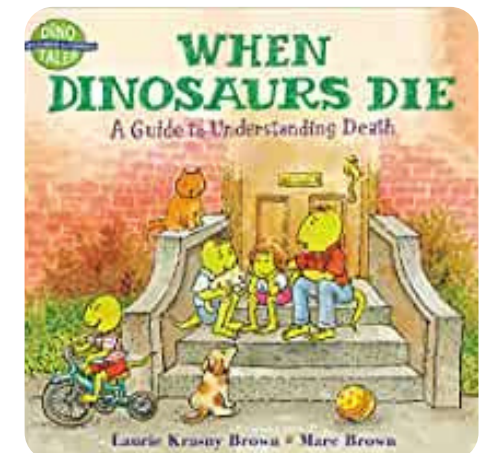


The Tale of Two Dolphins (When My Sister Died Suddenly) by Sarah Fitzgerald

Sarah and Claire were two dolphin sisters who lived in the sea. Sarah escaped the fishermen's nets whilst Claire was captured and killed. During the next week Sarah kept herself to herself. Then Sarah met Laura whom she felt she could talk to. Afterwards Sarah could talk to her parents and visit the place where Sarah was killed.

When Dinosaurs Die by Laurie Krasny Brown and Marc Brown

No one can really understand death but to children, the passing away of a loved one can be especially perplexing and troublesome. This is true whether the loss is a classmate, friend, family member or pet. Here to offer advice and reassurance from some very wise dinosaurs. This succinct and thorough guide helps dispel the mystery and negative connotations associated with death, providing answers to some of the most-often asked questions and also explores the feelings we may have regarding the death of a loved one and the ways to remember someone after he or she has died.



When Sadness Comes to Call by Eva Eland

A comforting primer in emotional literacy and mindfulness that suggests we approach the feeling of sadness as if it is our guest.

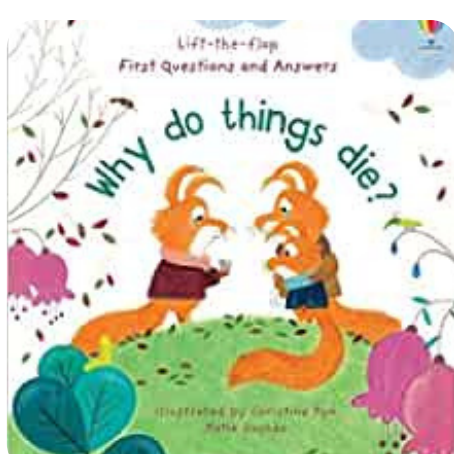
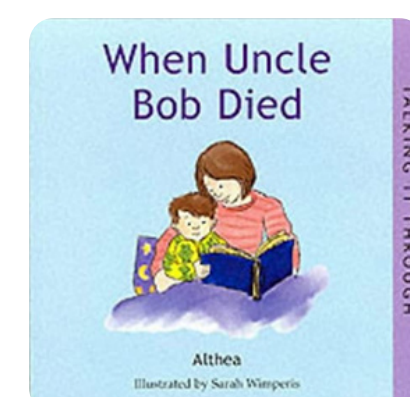
Sadness can be scary and confusing at any age! When we feel sad, especially for long periods of time, it can seem as if the sadness is a part of who we are--an overwhelming, invisible, and scary sensation.

In *When Sadness Is at Your Door*, Eva Eland brilliantly approaches this feeling as if it is a visitor. She gives it a shape and a face, and encourages the reader to give it a name, all of which helps to demystify it and distinguish it from ourselves. She suggests activities to do with it, like sitting quietly, drawing, and going outside for a walk. The beauty of this approach is in the respect the book has for the feeling, and the absence of a narrative that encourages the reader to get over it or indicates that it's bad, both of which are anxiety-producing notions.



When Uncle Bob Died by Althea and Sarah Wimperis

When someone special dies a child may need to talk about them and share their feelings of confusion and sadness. *When Uncle Bob Died* offers a starting point for discussing death and their own thoughts about it.



Why Do Things Die by Katie Daynes and Christine Pym

A beautiful and gentle look at the circle of life, using Christine Pym's gorgeous animals characters to explore the emotions and facts around death, with questions such as Is it ok to talk about dying? What happens when someone dies? Can I shout and cry and hide away? and How can I stop feeling sad?